

# Paint Yourself Positive: Colourful Creative Watercolour

Watercolour painting is a beautiful and versatile medium that can be used to create colourful and expressive works of art. Whether you are a beginner or an experienced artist, watercolour painting is a rewarding hobby that can bring you years of enjoyment.



## Paint Yourself Positive: Colourful creative watercolour

by Jean Haines

★★★★☆ 4.6 out of 5

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## Getting Started with Watercolour Painting

To get started with watercolour painting, you will need a few basic supplies:

- Watercolour paints
- Watercolour brushes
- Watercolour paper
- Water

You can find all of these supplies at your local art store. Once you have your supplies, you can start experimenting with watercolour painting. Here

are a few tips to get you started:

- Start with a light touch. Watercolour paints are very transparent, so it is important to start with a light touch and build up the colour gradually.
- Use plenty of water. Watercolour paints are activated by water, so it is important to use plenty of water when painting. This will help the paint flow smoothly and evenly.
- Don't be afraid to experiment. Watercolour painting is a very forgiving medium, so don't be afraid to experiment with different colours and techniques.

## Watercolour Techniques

There are many different watercolour techniques that you can use to create different effects. Here are a few of the most popular techniques:

- **Washes** are a basic watercolour technique that can be used to create a variety of effects. To create a wash, simply mix watercolour paint with water and apply it to your paper with a brush. You can vary the amount of water you use to create different effects, from light and airy washes to dark and dramatic washes.
- **Glazing** is a watercolour technique that can be used to create a sense of depth and richness. To glaze, apply a thin layer of watercolour paint to your paper and allow it to dry completely. Once the first layer is dry, you can apply a second layer of paint. You can repeat this process as many times as you like to create a build up of colour.
- **Lifting** is a watercolour technique that can be used to remove paint from your paper. To lift, simply wet your brush and gently rub it over the

area you want to remove the paint. You can also use a damp sponge to lift paint.

## **Watercolour Inspiration**

If you are looking for inspiration for your watercolour paintings, there are many resources available online and in libraries. Here are a few of our favourite sources of inspiration:

- **Pinterest** is a great place to find inspiration for watercolour paintings. You can search for specific keywords, such as "watercolour flowers" or "watercolour landscapes", to find beautiful images that you can use as inspiration for your own paintings.
- **Instagram** is another great place to find inspiration for watercolour paintings. Many watercolour artists share their work on Instagram, so you can follow them to see their latest paintings and get inspired by their techniques.
- **Watercolour books** are a great way to learn about watercolour painting and get inspired by the work of other artists. There are many different watercolour books available, so you can find one that is right for your skill level and interests.

## **Watercolour Tips**

Here are a few tips to help you take your watercolour painting to the next level:

- **Practice regularly.** The more you practice, the better you will become at watercolour painting. Try to paint regularly, even if it is just for a short amount of time.

- **Experiment with different colours and techniques.** Don't be afraid to experiment with different colours and techniques to find what works best for you. There are no rules when it comes to watercolour painting, so have fun and see what you can create.
- **Don't be afraid to make mistakes.** Mistakes are a natural part of the learning process. If you make a mistake, don't worry about it. Just start over and try again.

Watercolour painting is a beautiful and rewarding hobby that can bring you years of enjoyment. With a little practice, you can master the basic techniques of watercolour painting and create your own beautiful works of art. So what are you waiting for? Get started today and see what you can create!



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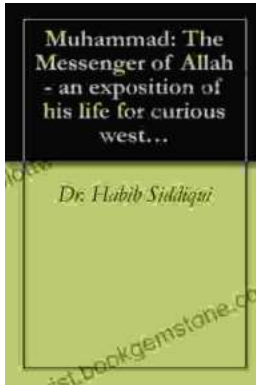
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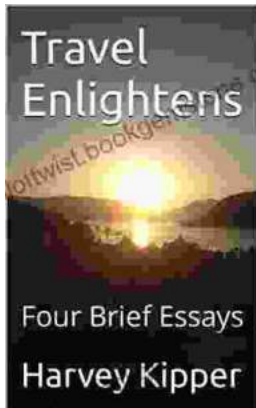
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